

Our Nurse Navigator is Here for You.

Our Nurse Navigator is dedicated to working with patients and their families throughout their care experience.

Our Nurse Navigator:

- Serves as a liaison to foster greater communication between the patient and their urologist
- Helps facilitate appointment scheduling within 24-48 hours
- Helps patients and families understand their diagnosis and reason for their kidney stone(s)
- Encourages dietary changes and consult as needed
- Reviews what to expect before, during and after the procedure
- Helps patients and families understand recommended treatment options
- Assists families with local accommodations and direct patient admission when traveling out of the area
- Helps facilitate follow-up care that the patient may need
- Is available for follow up questions

Our highly-specialized programs offer comprehensive services, the latest treatment options, and a variety of educational services for patients in need of lithotripsy.

Our Programs Include:

- Board-certified urologists
- Nurse Navigator specialized in lithotripsy
- Educational materials
- Minimally invasive as well as comprehensive treatment options for kidney stones
- Nutritional consults



Lynn Rodegard, RN, BSN
Nurse Navigator
Lithotripsy
John Muir Health
Office: 925-947-3322

