

2026 Health Plan Overview

Commercial HMO

- Aetna (HMO)
- AHMC Health HMO/EPO (Seton Employees)
- Anthem
- Blue Shield (HMO/PPO* & HMO/PPO Covered California)
- Cigna
- Health Net
- John Muir Healthy Employee EPO Plan
- UnitedHealthcare

Canopy Health

- Heath Net Blue & Gold (commercial)

Medicare Advantage PPO (Participation may vary for independent physicians)

- Aetna MA PPO (Group Retiree)
- Humana MA LPPO (Individual)
- UnitedHealthcare MA PPO (Group Retiree)

*PPO only applies to JMHPN Foundation physicians

Please note, this is an abbreviated list. You can also access a comprehensive list of JMHPN's contracted Health Plans on the John Muir Health website: [Health Insurance Plans That Work With John Muir Health](#)